

# Updated Medical History

Date: \_\_\_\_\_

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
Last First Middle

## PLEASE PRINT AND COMPLETE ALL NEW INFORMATION SINCE LAST WELLNESS EXAM

This information is for use by the physician as part of your confidential medical record.

Married  Single  Widowed  Divorced  Separated

If married, spouse's name: \_\_\_\_\_

### Recent Births

Children's names and ages: \_\_\_\_\_

NEW Allergies to Medications, X-Ray Dyes, or Other Substances  No  Yes

If yes, please list name of medicine and type of reaction \_\_\_\_\_

NEW Medications (Prescription, Over-the-Counter, Vitamins, Herbs, etc.)

<u>Drug Name</u>	<u>Dose</u>	<u>Drug Name</u>	<u>Dose</u>	<u>Drug Name</u>	<u>Dose</u>
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### Pharmacy Name and Phone:

### Please List and Supply the Dates of Any New Procedures Since Your Last Visit

Operations: \_\_\_\_\_

Hospitalizations other than for surgery: \_\_\_\_\_

Immunizations you've had since your last visit (**outside this office**) \_\_\_\_\_

**NEW Family History** Has any member of your immediate family (including parents, grandparents, and siblings) ever had the following?

<u>Illness</u>	<u>Which family member</u>	<u>Age when diagnosed</u>
Cancer (describe type)	_____	_____
Hypertension	_____	_____
Heart Disease	_____	_____
Diabetes	_____	_____
Strokes	_____	_____
Mental disease (anxiety, depression, etc)	_____	_____
Drug or alcohol addiction	_____	_____
Glaucoma	_____	_____
Bleeding disease	_____	_____
Other	_____	_____

**Prevention** Please circle answers.

- Do you wear seat belts? **Yes** **No** Do you wear a bike helmet? **Yes** **No** N/A
- Do you exercise regularly? **Yes** **No** If yes, type, duration and number of times per week? \_\_\_\_\_
- Do you smoke? **Yes** **No** If yes, how many packs per day? \_\_\_\_\_
- Do you drink alcoholic beverages? **Yes** **No** If yes, how much per week? \_\_\_\_\_
- Do you drink coffee/tea? **Yes** **No** If yes, how many cups per day? \_\_\_\_\_
- Is there a gun in your home? **Yes** **No** If yes, do you keep it unloaded and out of children's reach? **Yes** **No**
- Do you use drugs? (marijuana, cocaine, crack, etc.) **Yes** **No** If yes, explain: \_\_\_\_\_
- Have you ever engaged in any activity which has put you at risk of getting AIDS? **Yes** **No** If yes, explain: \_\_\_\_\_
- Do you wish to be tested for AIDS? **Yes** **No**
- Have you ever worked with chemicals, paints, asbestos, or other hazardous materials? **Yes** **No**
- Are you in a relationship in which you have been physically hurt (slapped, kicked, punched, bruised) by your partner? **Yes** **No** N/A
- Do you ever feel afraid of your partner? **Yes** **No** N/A
- Do you have a "living will"? **Yes** **No** Do you have a donor card? **Yes** **No** Do you wear sunscreen? **Yes** **No**